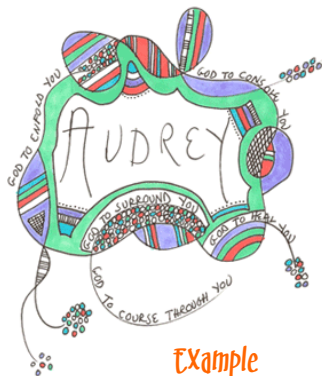


Color a Prayer for a Person or Concern

1. Draw a shape.
2. Put the name of a person for whom you are praying inside the shape.
3. Add lines, squiggles, and dots.
4. Add color.
5. Think of each stroke of the pen and each daub of color as a moment of prayer.



Example

No words are necessary; no artistic skill is necessary—only a desire and a longing for the presence of God.

For more information visit www.coloringinprayer.com or look for the book *Coloring in Prayer* by Sybil Macbeth.

Color a Remembrance

1. Draw a shape.
2. Put a name for your story or remembrance
3. Add lines, squiggles, and dots.
4. Add color.
5. Add major points of the story or remembrance (key names or events or times)
6. Think of each stroke of the pen and each daub of color as a moment of thanksgiving.



Example

No words are necessary; no artistic skill is necessary—only a desire and a longing for the presence of God.

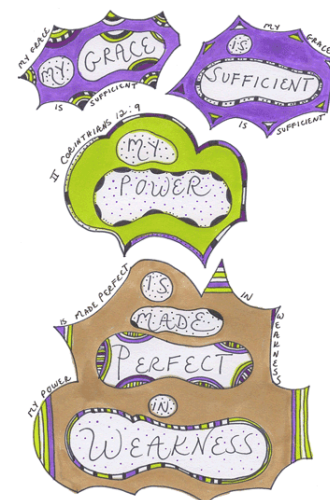
For more information visit www.coloringinprayer.com or look for the book *Coloring in Prayer* by Sybil Macbeth.

Color a Verse

1. Draw a shape.
2. Put some or all of the verse in or around your shape.
3. Add lines, squiggles, dots and shapes.
4. Add color.
5. Think of each stroke of the pen and each daub of color as a moment of prayer.

No words are necessary; no artistic skill is necessary—only a desire and a longing for the presence of God.

For more information visit www.coloringinprayer.com or look for the book *Coloring in Prayer* by Sybil Macbeth.



Example

Color a Thanksgiving

1. Draw a shape.
2. Put your thanksgiving in or around your shape.
3. Add lines, squiggles, dots and shapes.
4. Add color.
5. Think of each stroke of the pen and each daub of color as a moment of prayer.

No words are necessary; no artistic skill is necessary—only a desire and a longing for the presence of God.

For more information visit www.coloringinprayer.com or look for the book *Coloring in Prayer* by Sybil Macbeth.



Example